



Aged Care with Compassion

 **BANFIELDS
AGED CARE**
Exceptional Care Built on Solid Foundations



“Our experience has been very positive and we have always found the staff to be caring, compassionate and eager to do their best for everyone.”

Julie, daughter of
resident Elaine



Experience Banfields

As a family-owned residence, Banfields Aged Care prides itself on creating a true sense of belonging, where everyone feels at home and cared for like family. Nestled in the heart of Cowes, Banfields offers a homely environment where you are supported by a caring, experienced team dedicated to your wellbeing.

Inspired by Tuscan design, we have created sun-filled courtyards featuring calming water features and pergolas draped in wisteria. Quiet sitting areas provide peaceful spaces for reflection, reading, or time with family and friends. With beautiful gardens, inviting lounges, a welcoming café, and daily activities, it's the perfect environment to relax, unwind, and connect with loved ones.

Community involvement is at the heart of Banfields, where new residents and visiting families alike are warmly welcomed in true island fashion. No matter your needs—from respite and permanent care to specialised dementia support—you will feel at home, surrounded by people who genuinely care.

Quality Care and Support

You deserve care as unique as you are. This is why we focus on your comfort and safety, always treating you with respect and dignity. With compassionate care, we are here to ensure you feel valued, understood, and truly at ease.

General Care – Experience high-quality care in a welcoming, home-like environment. You will benefit from personalised care plans, fully furnished accommodations, and a vibrant calendar of social activities. With 24/7 care from qualified and trained staff, we will ensure you feel safe, respected, and valued.

Respite Care – Respite care gives your carer a well-deserved break while ensuring you continue to receive high-quality care. Whether for a few days or weeks, you can have peace of mind knowing you are in expert hands. Our commitment is to support you and make your stay comfortable and secure.

Memory Support Unit – The Memory Support Unit offers an environment with enhanced safety protocols and secure outdoor spaces. With supportive, dementia-trained staff, exceptional dignified care is provided from the early stages of dementia through to advanced support.

Ageing in Place – Ageing in place allows you to live comfortably and securely in a familiar environment, receiving the care and support you need as you grow older. Banfields supports your independence while ensuring your health, wellbeing, and comfort remain a top priority.

Palliative Care – We understand that every individual's journey is unique. Together, we'll create a care plan that honours your values, respects your emotional, spiritual, and cultural needs, and provides comfort and dignity for the journey ahead.



“I came in for two weeks respite with a friend, we had such a great time I decided to move in.”

Margaret,
Banfields resident



“The lifestyle team are wonderful. There’s always a variety of activities to keep our mind and body active.”

Val, Banfields resident

Enriching Lifestyle

Leisure and lifestyle activities play an important role in your wellbeing. The vibrant program of activities at Banfields helps you stay confident in your physical abilities, mobility, strength, and fitness while encouraging social connections.

A diverse lifestyle program ensures there is always something to look forward to, with a range of activities to bring happiness and a community spirit.

Gardening, gentle exercise, arts and crafts, or lively social gatherings are all part of daily life, offering plenty of ways to stay active and involved with others.

Every activity is tailored to support both physical and mental wellbeing, allowing you to participate at your own pace and in a way that feels right for you.





Movie of the Week

Relax and unwind with our weekly movie screenings in our private cinema. Enjoy classic films and new favourites while you sit back sipping on your favourite beverage.

Garden Walks

Stay active and social with our gentle walks around the Banfields gardens and surrounding areas, guided by our caring team. Everyone is welcome to join!

Seated Tai Chi

This gentle, flowing exercise enhances balance, flexibility, and relaxation – all while seated. It's a peaceful, engaging way to stay active, improve mindfulness, and create inner harmony.

Bus Outings

Visit local attractions, sip a coffee at a favourite café, or browse the shops with friends. Our bus outings promote social connection, independence, and inspire adventure.



Arts & Crafts

Express yourself with painting, drawing, or crafts in a supportive, relaxed environment. Art therapy helps improve cognitive function, emotional wellbeing and enhances self-expression.

Gardening

Get your hands in the soil and reap the rewards of gardening. Tending to plants nurtures purpose, reduces stress, and promotes physical wellbeing.

Other popular lifestyle activities at Banfields include:

- Armchair exercises
- Karaoke, singing and music
- Knitting and crocheting
- Quiz and trivia sessions
- Pet visits
- Book club
- Ball games
- Bingo
- Men's shed activities
- Men's hot towel shave
- Happy hour with entertainment





Inviting Accommodation

Discover comfortable, well-appointed living spaces designed to provide privacy, security, and a welcoming place to call home.

Experience the warmth and homestyle ambiance of a Banfields retreat. Step into a charming sanctuary that exudes comfort and familiarity of home. The inviting rooms feature gentle decor, creating a charming and relaxing environment.

Classic and functional, these well-proportioned living areas come with ample storage to keep your space tidy, ensuring that every essential is neatly tucked away. Generous windows and glass courtyard doors invite natural light to pour in, bathing the room in a warm, uplifting glow. In many rooms and suites, access to outdoor courtyards and garden spaces enhances the connection with nature.

Blending modern amenities with homely touches, the atmosphere here instantly puts you at ease.





Standard Room features include:

- Comfortable single bed
- Wardrobes with lockable safety box
- Bedroom armchair and bedside table
- Tiled en suite with sensor lighting
- Hydronic heating and split system air conditioning
- Large windows with block out curtains and sheers
- Wall mounted flat screen TV
- 24hr nurse call system for peace of mind
- Telephone connection point

Additional features in Suites include:

- Flat screen TV in lounge
- Privacy doors separating the lounge and bedroom
- 2 comfortable lounge armchairs, sofa and side table
- Dining table and chairs for in-room meals
- TV cabinet with storage
- Kitchenette with sink and bar fridge
- Instant boiling water on tap
- Select suites feature glass doors opening to courtyard



Charming Amenities

Discover a range of amenities designed for your comfort, convenience, and enjoyment every day.



Café and Bar serving snacks and refreshments



On-site hair and beauty salon for pampering



Escape to Hollywood in the cosy private cinema



Gym/Physio room for health and fitness



Well-stocked library for your reading pleasure



Men's Club and Shed to tinker, chat and create



Serene courtyards, gardens & outdoor seating areas



Large and welcoming dining room



Intimate private dining for up to eight guests



Communal lounge rooms with gas fireplace



Non-denominational chapel for quiet reflection



High-speed Wi-Fi throughout the residence



Foxtel and streaming services



Bus transport for resident outings and excursions

Homestyle Dining

Dining at Banfields is a welcoming experience, with a menu featuring a variety of delicious, nutritious options to suit your tastes.

Our chefs prepare every dish fresh on-site, using seasonal ingredients to deliver balanced, delicious meals. Our menus evolve throughout the year and are crafted with input from nutritionists and dietitians to honour your cultural preferences and dietary needs.

From a cupcake and cup of tea at the café to a hearty dinner in the dining room, every meal delights your palate and stimulates a true sense of community.

Options to suit every occasion:

- **Café and Bar** – Step into the warm and inviting café where you can relax with a coffee, have a light snack, or catch up with family and friends in a bright, sun-filled space. With easy access to an adjoining courtyard, you can also take in the fresh air while savouring your favourite drink in a peaceful setting.
- **Private Dining** – Available seven days a week, this private dining room is perfect for celebrating special occasions with your family. It offers an intimate space with a fully set table seating up to eight guests.
- **Dining Rooms** – With beautifully set tables, comfortable seating, and attentive service, dining here is about more than just food – it's a place to unwind, share in good company, and enjoy the moment.
- **In-Room Dining** – Relish the comfort and privacy of dining in your own room, with freshly prepared meals delivered to you. Whether it's breakfast or a quiet dinner, your meals are served with care.





Sister Betty Matthies
Matron-Director of Nursing 1966-2003.

Exceptional Care Built on Solid Foundations

Australian Aged Care Group Pty Ltd (AACG) is built on a proud legacy of dedication, shaped by generations of the Matthies family's experience in the aged care industry since the 1960s. Pioneers in the sector, Keith and Betty Matthies were early innovators in aged care, establishing Canterbury Nursing Home in 1966. They operated it with passion and commitment until their retirement in the early 2000s, when their son John continued their mission.

With over 60 years of expertise, AACG is trusted to deliver exceptional, compassionate care with dignity and respect. Our deep experience ensures you receive holistic care—including aged, dementia, respite, and palliative care—within a luxurious, supportive and welcoming setting designed to enhance wellbeing at every stage of life.

Banfields Aged Care

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